



Consent for ABA Services

Dear Caregivers,

Thank you for choosing to receive Applied Behavior Analysis (“ABA”) services through Learning with Jenn (“LWJ”). Before getting started, please review these ABA service terms and conditions:

What is ABA?

ABA stands for Applied Behavior Analysis and is an evidence-based therapy that looks at understanding behaviors. During services, skill targeted may include communication (e.g., requesting, commenting) skills, social skills (e.g., conversation skills, advocacy skills), social/ emotion regulation (e.g., problem solving, coping strategies) skills, play skills (e.g., turn taking, cooperative play) daily living skills (e.g., safety skills, tolerating medical procedures) and pre- academics skills (e.g., focusing on work tasks).

Who is a part of the ABA team?

The ABA team will consist of a Board-Certified Behavior Analyst (“BCBA”), a Registered Behavior Technician (if applicable), caregivers, and any other team member that caregivers wish to invite (e.g., related service providers, school team, EI team, or physicians).

What does the evaluation process look like?

Prior to starting services, a BCBA will complete an initial evaluation. This evaluation consists of a Functional Behavior Assessment (“FBA”) and a skills assessment (e.g., VB MAPP, ABLLS). An FBA will assess potential “negative” behaviors (e.g., hitting, yelling) or behaviors (e.g., off task behavior) that might be interfering with a child’s ability to learn. The FBA process consists of an indirect assessment (e.g., survey, caregiver interview) and direct assessment (i.e., observations). A skills assessment will then be completed either intermittently throughout the FBA process or following the FBA process. This assessment will be used to identify the child’s current skill set and areas for growth. This information will then help the BCBA identify what skills to teach and will provide a way to track progress over time.

What will my child’s ABA services look like?

Following the initial evaluation, the BCBA and caregivers will meet to select goals that the child will work towards. The BCBA will refer to this as the child’s “programs”. These programs will include details on what strategies the ABA team will use to teach various skills such as, for example, communication, social skills, and daily living skills. In addition, the results of an FBA will provide the BCBA important information that will help the BCBA prepare an individualized Behavior Support Plan (“BSP”) aimed at improving any potential negative behaviors. The BSP will also help to identify “positive” behaviors (e.g., requesting) the ABA team/caregivers will work on increasing and what behaviors (e.g., hitting, off task behavior) the ABA team/ caregivers will work on decreasing.

What will supervision services look like?

The BCBA will provide supervision to a Registered Behavior Technician (“RBT”) during one-on-one ABA sessions. During this time, BCBA will collect data on effectiveness of recommendations, protocol fidelity, and other metrics. In addition, the BCBA may explore alternative treatment strategies if current recommendations have not demonstrated positive outcomes after a sufficient amount of time as determined in the sole discretion of the BCBA.



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Caregivers role within ABA services:

To help ensure the child's progress, it is essential that caregivers actively participate within services. Caregivers are encouraged to participate in all one-on-one ABA sessions and are required to participate in caregiver coaching/ caregiver consultation sessions.

Privacy:

All records related to services will be kept in a private and secure location. All records will follow HIPPA rules and regulations.

Discontinuation of Services:

Caregivers may discontinue services at any time. If caregivers would like to discontinue services prior to meeting discharge criteria, caregivers must submit a Discontinuation of Service form. This can be obtained by contacting LWJ at jennifer.espinal@learningwithjenn.com.

Contact and Questions:

Caregivers can request access to data at any time by contacting the BCBA to schedule an additional meeting Monday- Friday during business hours.

Statement of Consent:

I, _____ (caregiver legal name), provide consent for my child
_____ (first and last name) to receive the following services:

- Ongoing evaluation (e.g., VB MAPP, ABLLS) to monitor progress every 6 months
- Functional Behavior Assessment (i.e., indirect and direct behavior assessment)
- 1:1 ABA Service
- Supervision
- Caregiver coaching and caregiver consultation

* * *

I acknowledge that I have read and understood this form in its entirety and have been provided an opportunity to have any questions answered about services. This agreement will be valid for one calendar year (i.e., January- December) unless caregivers request to discontinue services before expiration date.

Date: _____

Caregivers Printed Name: _____

Caregivers Signature: _____